

NATIZO RITUAL



MONDAY

Hatha Yoga Nina

8:30 AM - 9:30 AM

TUESDAY

**Dynamic Vinyasa
Yoga Arlette**

8:30 AM - 9:30 AM

THURSDAY

**Dynamic Vinyasa
Yoga Arlette**

8:30 AM - 9:30 AM

SATURDAY

Hatha Yoga Nina

8:30 AM - 9:30 AM